

## GENERAL MEASURES

1. Self-discipline is most important to contain the spread of COVID-19 pandemic through social distancing and maintaining hygienic condition.
2. All students should wear face covers/ masks and take all preventive measures.
3. Physical distancing of at least 6 feet to be followed as far as feasible.
4. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
5. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
6. May consider installing 'Aarogya Setu App' in the mobile.
7. Spitting shall be strictly prohibited.
8. Self-monitoring of health by all and reporting any illness at the earliest.
9. Discrimination of fellow students in respect of whom there is a history of COVID-19 disease in the family be avoided.
10. Give support to your friends under stress due to COVID-19 pandemic.
11. Students should follow the guidelines, advisories and instructions issued by the Government authorities as well as by the universities and colleges regarding health and safety measures in view of COVID-19 pandemic.

